

(6 pages)

Reg. No. : .....

**Code No. : 20583 E      Sub. Code : CMPE 31**

B.Sc. (CBCS) DEGREE EXAMINATION,  
NOVEMBER 2023.

Third Semester

Physical Education – Core

**METHODS IN PHYSICAL EDUCATION**

(For those who joined in July 2021-2022 onwards)

Time : Three hours

Maximum : 75 marks

**PART A — (10 × 1 = 10 marks)**

Answer ALL questions.

Choose the correct answer :

1. The technique or procedure adopted by a teacher to bring about desirable changes in his pupils is
  - (a) Technique
  - (b) Tactics
  - (c) Strategy
  - (d) Methods
2. Teaching a topic in History is the example for
  - (a) Past experience
  - (b) Situation
  - (c) Subject matter
  - (d) Evaluation

3. A well groomed appearance of teacher is
  - (a) Technical preparation
  - (b) Formal preparation
  - (c) Informal preparation
  - (d) Personal preparation
4. Arrange teaching aids, ground marking and essential marking before teaching is
  - (a) Formal preparation
  - (b) Informal preparation
  - (c) Technical preparation
  - (d) Tactical preparation
5. Formal part in general lesson plan is about \_\_\_\_\_ of the total time may be utilized
  - (a) 1/4
  - (b) 1/5
  - (c) 1/7
  - (d) 1/8
6. Special part in general lesson plan is about \_\_\_\_\_ of the total time may be utilized
  - (a) 1/6
  - (b) 1/5
  - (c) 1/4
  - (d) 1/3

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7. The teacher demonstrate the activity with a brief explanation is
- Part method
  - Whole method
  - Demonstration method
  - Dramatized method
8. A particular activity is broken in to its meaning pails and taught is
- Whole method
  - Demonstration method
  - Part method
  - Dramatized method
9. Knock out is otherwise called as \_\_\_\_\_ tournament
- League
  - Elimination
  - Challenge
  - Combined
10. Ladder tournament is a \_\_\_\_\_ tournament
- Knock out
  - League
  - Combination
  - Challenge

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PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).  
Each answer should not exceed 250 words.

11. (a) Comment on the scientific principles in teaching methods of physical education.

Or

- (b) Discuss about past experience of the pupils in teaching methods.

12. (a) Elaborate the general class management.

Or

- (b) Write the principles for a good class management.

13. (a) Write the values of lesson plan.

Or

- (b) Differentiate from general to particular lesson plan.

14. (a) Discuss about the dramatization method.

Or

- (b) Specify the merits of progressive part method of teaching.

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15. (a) Draw a knock out fixtures for 18 teams.

Or

- (b) Enumerate combination tournament.

PART C — (5 × 8 = 40 marks)

Answer ALL questions, choosing either (a) or (b)  
Each answer should not exceed 600 words.

16. (a) Write the meaning and importance of methods in physical education.

Or

- (b) Elucidate the factors influencing methods.

17. (a) Enumerate the steps in the way of presentation.

Or

- (b) Explain the presentation techniques.

18. (a) Clarify the procedure of general lesson plan.

Or

- (b) Prepare a 45 min general lesson plan for 7<sup>th</sup> std boys.

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19. (a) Explain the methods of teaching physical activities.

Or

- (b) Enlighten the different methods of teaching Long jump and justify the best method.

20. (a) How will you conduct a sports meet.

Or

- (b) Write the merits and demerits of intramural and extramural competition.

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