

(6 pages)

Reg. No. : .....

Code No. : 20360 E Sub. Code : AMPE 52

B.Sc. (CBCS) DEGREE EXAMINATION,  
NOVEMBER 2022.

Fifth Semester

Physical Education — Core

TEST, MEASUREMENT AND EVALUATION IN  
PHYSICAL EDUCATION AND SPORTS

(For those who joined in July 2020 onwards)

Time : Three hours Maximum : 75 marks

PART A — (10 × 1 = 10 marks)

Answer ALL questions.

Choose the correct answer :

1. Validity of the test is
- (a) Norms
  - (b) Purpose to be solved
  - (c) Consistency
  - (d) Performance

2. One of the Psychological quality is
- (a) Speed
  - (b) Reaction Time
  - (c) Co-Ordination
  - (d) Stress
3. In JCR test. "R" stands for
- (a) Vertical Jump
  - (b) Pull Ups
  - (c) Shuttle Run
  - (d) All the above
4. Aerobic Capacity may be tested with
- (a) Margaria Kalamen tel
  - (b) 1.5 mile run
  - (c) YMCA fitness test
  - (d) Brady test
5. SAI test is related with \_\_\_\_\_ game.
- (a) Basketball
  - (b) Soccer
  - (c) Hockey
  - (d) Volleyball
6. How many test items are there in AAPHERD health related physical fitness test?
- (a) 7
  - (b) 2
  - (c) 3
  - (d) 4
7. Sit and Reach test measures
- (a) Speed
  - (b) Agility
  - (c) Flexibility
  - (d) Explosive power





8. Cooper's 12 mm Run/walk test measures
- (a) Agility
  - (b) Speed
  - (c) Flexibility
  - (d) Cardio Respiratory Endurance
9. When a test is called as Standardized test?
- (a) If it is established with validity
  - (b) If it is established with reliability
  - (c) If it is established with Objectivity
  - (d) All of these
10. Test – retest method is related with
- (a) Validity                      (b) Reliability
  - (c) Objectivity                (d) Norms

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

Each answer should not exceed 250 words.

11. (a) Explain the importance of test, measurement and evaluation.
- Or
- (b) Explain the meaning and definitions of measurement and evaluation.

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12. (a) Explain the about face validity and concurrent validity in detail.

Or

- (b) Explain about the test and retest method of reliability in detail.

13. (a) Explain about the procedures of Chinning up test and Shuttle run in detail.

Or

- (b) Explain about pull ups and push ups tests in detail.

14. (a) Explain the procedures to be followed in bend knee situps.

Or

- (b) Explain about the procedures to be followed in 50 mts run test.

15. (a) Explain about Cooper's 12 mm run / walk test in detail.

Or

- (b) Explain the French Short serve test.

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PART C — (5 × 8 = 40 marks)

Answer ALL questions, choosing either (a) or (b).

Each answer should not exceed 600 words.

16. (a) What are the criteria for selection of good test?

Or

- (b) Explain about the test and its classification in detail.

17. (a) Explain about the administration of testing programme in detail.

Or

- (b) Explain about the procedures involved in constructing sports skill test.

18. (a) Explain about the YMCA fitness test.

Or

- (b) Explain about the Barrow motor ability test.

19. (a) Explain about SAI Hockey test in detail.

Or

- (b) Explain about GSC Badminton test in detail.

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20. (a) Explain about Hewitt Tennis test in detail.

Or

- (b) Explain the methods of Kraus Weber minimum muscular fitness test in detail.

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