

(6 pages)

Reg. No. :

Code No. : 30674 E Sub. Code : SMPE 31

B.Sc.(CBCS) DEGREE EXAMINATION,
NOVEMBER 2020.

Third Semester

Physical Education — Core

METHODS IN PHYSICAL EDUCATION

(For those who joined in July 2017 onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 1 = 10 marks)

Answer ALL questions.

Choose the correct answer :

1. A study of functions of human body is called
 - (a) Kinesiology
 - (b) Anatomy
 - (c) Physiology
 - (d) Psychology

2. A teaching methods was to influenced by
 - (a) Experience
 - (b) Time
 - (c) Pupils
 - (d) All of these

3. The first step in presentation technique is
- (a) planning
 - (b) controlling
 - (c) demonstrating
 - (d) explaining
4. Which are given below comes under visual aids
- (a) LCD
 - (b) Monitor
 - (c) OHP
 - (d) All of these
5. How many types of lesson plan
- (a) 3
 - (b) 2
 - (c) 1
 - (d) 4
6. A technique in athletics will be taught in _____ lesson.
- (a) General
 - (b) Particular
 - (c) Common
 - (d) None

7. The first bye in a knockout tournament is given to _____ team.
- (a) Bottom of the lower half
 - (b) Top of upper half
 - (c) Top of lower half
 - (d) Bottom of upper half
8. In which tournaments a team must play with all other teams in the tournaments
- (a) Knockout
 - (b) Challenge
 - (c) League
 - (d) None
9. How many byes will be given for 11 teams in knock-out tournament?
- (a) 5
 - (b) 21
 - (c) 6
 - (d) 11
10. The competitions are conducted within the institution is called?
- (a) Intramural
 - (b) Extramural
 - (c) Both
 - (d) None

PART B — ($5 \times 5 = 25$ marks)

Answer ALL questions, choosing either (a) or (b).

Each answer should not exceed 250 words.

11. (a) Explain the meaning of methods in physical education.

Or

- (b) How subject matter is important in teaching physical activity?

12. (a) Values of lesson plan – Explain.

Or

- (b) Steps in presentation technique – Explain.

13. (a) Co-curricular activity – Explain.

Or

- (b) Types of lesson plan – Explain.

14. (a) Command method of teaching physical activities – Explain.

Or

- (b) Oral method of teaching physical activities – Explain.

15. (a) Draw league fixtures for 6 teams.

Or

- (b) Intramural competition – Explain.

PART C — ($5 \times 8 = 40$ marks)

Answer ALL questions, choosing either (a) or (b).

Each answer should not exceed 600 words.

16. (a) List down various factors influencing teaching methods and explain any three factors.

Or

- (b) Write short notes on anatomy, physiology and educational psychology.

17. (a) List down teaching aids and explain audio-visual aids.

Or

- (b) Explain in details about presentation techniques.

18. (a) Write a model lesson plan for teaching a skill in volleyball.

Or

- (b) Write a model lesson plan for rhythmic activities.

19. (a) Explain – at-will and demonstration methods of teaching physical activities.

Or

- (b) Explain – set drill and part methods of teaching physical activities.

20. (a) Draw knock out fixtures for 24 teams and explain it.

Or

- (b) How to conduct extramural competitions?
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