

(6 pages)

Reg. No. :

Code No. : 20477 E Sub. Code : CMPE11

B.Sc. (CBCS) DEGREE EXAMINATION,
NOVEMBER 2021.

First Semester

Physical Education -Core

FOUNDATION OF PHYSICAL EDUCATION AND
GYMNASTICS

(For those who joined in July 2021 onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 1 = 10 marks)

Answer ALL questions.

Choose the correct answer :

1. Physical Education develops students
 - (a) Confidence
 - (b) Fairness
 - (c) Culture
 - (d) Success

2. How many Sports were Organized in winter Olympic Games 2010.
- (a) 6 (b) 7
(c) 8 (d) 9
3. The Sports Authority of India is the _____
- (a) Inter National Sports Body
(b) National Sports Body
(c) State Sports Body
(d) None of this
4. What is the intramural tournament
- (a) Inter Class (b) Inter College
(c) Inter District (d) Inter State
5. _____ is Awarded for excellence in coaching.
- (a) Dhyan chand Award
(b) Arjuna Award
(c) Rajiv Gandhi Award
(d) Dronacharya Award

6. What are the three principles of the Olympic Games
- (a) Social perfection, sportsmanship, mental soundness
 - (b) Friendship, respect, excellence
 - (c) Intelligence, sportsmanship, mental soundness
 - (d) Sports spirit, intellectual, social perfection
7. What are the different disciplines in Teamgym?
- (a) Tumbling and Floor
 - (b) Pommel Horse, Parallel Bars, Floor.
 - (c) Trampette, Tumbling and Floor.
 - (d) High Bar, Pommel Horse.
8. The Olympic is normally held every
- (a) One Year
 - (b) Two Year
 - (c) Four Year
 - (d) Five Year
9. Measurements of the bars are provided by the
- (a) IFS
 - (b) FIG
 - (c) SAI
 - (d) IOC

10. _____ is the most popular sports in India.
- (a) Football (b) Baseball
- (c) Badminton (d) Cricket

PART B — ($5 \times 5 = 25$ marks)

Answer ALL questions, choosing either (a) or (b).

Each answer should not exceed 250 words.

11. (a) Describe the qualities of Physical Education Teacher.

Or

- (b) Write a brief note on the Opportunities in Physical Education, A Career in Physical Education.

12. (a) Write a short note on Physical Education as Part of Education.

Or

- (b) How to enhance Online Physical Education Classes in present situation?

13. (a) Explain the history and development of Physical Education and sport.

Or

(b) Explain the Development of Health Sports and Physical Education in India.

14. (a) Write a note on Father of Gymnastic and History of the Indian Gymnastic.

[P.T.O.]

Or

(b) Note down the various branches of Gymnastics and Explain.

15. (a) What is Gymnastics Floor Exercise?

Or

(b) What are the Compulsory Score in Gymnastics? What is the Optional Score in Gymnastics?

PART C — (5 × 8 = 40 marks)

Answer ALL questions, choosing either (a) or (b)

Each answer should not exceed 600 words.

16. (a) Explain the importance of Career Paths for Physical Education.

Or

(b) Explain the need and the importance of Physical Education.

17. (a) Explain Fitness Education and its importance.

Or

- (b) Bring out the importance of Physical Education to Child Development.

18. (a) History of Indian Olympic Association Explain.

Or

- (b) Write about the Sports in India.

19. (a) Explain the history of Gymnastic Federation of India.

Or

- (b) Sports Ministry restores recognition of Gymnastics Federation of India after 10 years. Elaborate.

20. (a) Elaborate the 14 Different Floor Exercise moves in Gymnastics.

Or

- (b) How to Score Gymnastics Floor Exercises?
