

Reg. No. :

**Code No. : 22564 E Sub. Code : JCSB 5 A/
SCSB 5 A**

**U.G. (CBCS) DEGREE EXAMINATION,
NOVEMBER 2020.**

Fifth Semester

Part IV

**Common Skill Based Subject — PERSONALITY
DEVELOPMENT**

(For those who joined in July 2016 onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 1 = 10 marks)

Answer ALL questions.

Choose the correct answer:

1. Which one of the following is not in the principles of goal settings?
(a) Clarity (b) Challenge
(c) Confusion (d) Commitment
2. ————— is the process of selecting, organising and interpreting information
(a) perception (b) confliction
(c) assertiveness (d) self monitoring

3. _____ means knowledge and awareness of you own personality or character
(a) Self awareness (b) Self employed
(c) Self respect (d) Self motivation
4. Goal setting is an important part of business planning for _____
(a) entrepreneurs (b) buyers
(c) sellers (d) lawyears
5. The groups operate without managers and no one is a position of authority _____
(a) Cross functional team
(b) Leadership team
(c) Self directed team
(d) Functional team
6. A/An _____ experience is characterized in both external and internal changes in the human being
(a) Emotional (b) Stress
(c) Self-image (d) None of the above
7. _____ is our body reaction to people and events and to our own thoughts
(a) Emotion (b) Stress
(c) Relationship (d) None of the above
8. _____ is the exchange the information between the people
(a) problem (b) communication
(c) decision (d) behaviours

9. _____ relationships an between two or more people
(a) Interpersonal (b) Interpersonal
(c) Intimate (d) None of the above
10. PTSD stands for _____
(a) post traumatic stress disorder
(b) pre traumatic stress disorder
(c) Present traumatic stress disorder
(d) None of the above

PART B — ($5 \times 5 = 25$ marks)

Answer ALL questions, choosing either (a) or (b).

Each answer should not exceed 250 words.

11. (a) What are the benefits of self awareness?
Or
(b) What are the determinants of personality?
12. (a) Describe about the process of perception.
Or
(b) What are the barriers to change attitude?
13. (a) What are the types of team?
Or
(b) Describe about different types of leadership style.
14. (a) Trace the components of emotional intelligence.
Or
(b) Discuss about the process of communication.

15. (a) Discuss about Do's and Don'ts of table etiquettes/manners.

Or

- (b) How will you plan for an interview?

PART C — ($5 \times 8 = 40$ marks)

Answer ALL questions, choosing either (a) or (b).

Each answer should not exceed 600 words.

16. (a) Explain about the importance of personality development.

Or

- (b) Describe about effective goal setting.

17. (a) What are the advantages and disadvantages of self monitoring?

Or

- (b) What are the types of attitude? Explain it.

18. (a) What are the qualities of an effective leader?

Or

- (b) Describe about the types of conflicts.

19. (a) Describe about the symptoms of stress.

Or

- (b) List out the elements of communication.

20. (a) State the meaning and process of group discussion.

Or

- (b) Explain the principles of dress code for different occasions.