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**Reg. No. :** .....

**Code No. : SS 30488 E Sub. Code : JAPE 21/  
SAPE 21**

B.Sc. (CBCS) DEGREE (Special Supplementary)  
EXAMINATION, APRIL 2020.

Second Semester

Physical Education – Allied

**HEALTH EDUCATION SAFETY EDUCATION AND  
FIRST-AID**

(For those who joined in July 2016 onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 1 = 10 marks)

Answer ALL questions.

Choose the correct answer :

1. What is the full form of WHO?
  - (a) Word Health Organization
  - (b) World Head Organization
  - (c) World Health Organization
  - (d) World Health Organize

2. When India joint with WHO?  
(a) Jan 1947                      (b) Aug 1947  
(c) Aug 1950                      (d) October 1945
3. The word “Health” is derived from  
(a) Wholeness                      (b) Happiness  
(c) Holistic                        (d) All the above
4. What is the another word of wellness?  
(a) Heal                              (b) Unsoundness  
(c) Football                        (d) 2007
5. Ball was used for which game.  
(a) Kabaddi                        (b) Kho-Kho  
(c) Shuttle Badminton (d) Cricket
6. Which one is the personal protective equipment?  
(a) Gloves                        (b) Goald ring  
(c) Stump                         (d) All the above
7. the incubation period of chickenpox is —————?  
(a) 100-150 days                      (b) 50-75 days  
(c) 23-35 days                        (d) 14-16 days

8. Which one is a communicable disease
- (a) Strokes                      (b) Osteoarthritis
- (c) Diabetes                      (d) None of these
9. Example of muscle strain
- (a) Pain                      (b) Muscle weakness
- (c) Inflammation              (d) All the above
10. PRICE stands for —————?
- (a) Pound                      (b) Permanent
- (c) Protection                  (d) Public

PART B — ( $5 \times 5 = 25$  marks)

Answer ALL questions, choosing either (a) or (b).

Each answer should not exceed 250 words.

11. (a) What is health education? Why is it important?

Or

- (b) Write down the public health programs.

12. (a) What are the benefits of good health?

Or

(b) Why is physical activity important for mental health?

13. (a) Define safety education.

Or

(b) Explain the play space.

14. (a) Write down the communicable disease and explain.

Or

(b) Define diabetes mellitus.

15. (a) Why first aid is important during emergency cases?

Or

(b) Write down the common first aid kits.

PART C — (5 × 8 = 40 marks)

Answer ALL questions, choosing either (a) or (b).

Each answer should not exceed 600 words.

16. (a) Explain healthcare jobs are available in India.

Or

- (b) What are the main functions of the world health organization?

17. (a) Explain physical fitness components.

Or

- (b) How do you ensure children's safety in a playground?

18. (a) What is the meaning of causative organism and explain causative factors?

Or

- (b) Explain fire and safety education demonstrations.

19. (a) What are the symptoms of malaria and explain mode of transmission?

Or

- (b) What are the four stages of hypertension? Explain causes of hypertension.

20. (a) What are the types of fracture and its treatment?

Or

- (b) Explain artificial respiration and its needs.
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